

"Om" & "Ocean Twist" Necklaces

As seen in the 2010 Super Supplement



Created by: Cindy Morris

Suggested Materials:

<u>Qty.</u>	<u>Stock #</u>	<u>Name</u>
<i>Om Necklace</i>		
1	44-940-42-7	Large cast "om" symbol charm, antiqued copper plate
1 link	40-099-19-7	4.6mm drawn cable chain, antiqued copper plate (or substitute a jump ring)
2	21-884-024	4mm round gemstone beads, mother of pearl
20	21-884-720	4mm round gemstone beads, blue-green magnesite
16"	61-771-49-100	0.019" 49-strand Soft Flex® Trios stringing cable, Serenity (bone color only)
2	41-050-8	Wire Guardians™ wire protectors, copper plate
16	41-252-8	2mm crimp tubes, copper
16	48-884	4mm crimp covers, copper
1	39-340-8	10mm lobster clasp, copper plate
<i>Ocean Twist Necklace</i>		
2	21-001-011-01	6mm round large-hole gemstone beads, green aventurine
5	21-880-024	10mm round gemstone beads, mother of pearl
8	21-884-720	4mm round gemstone beads, blue-green magnesite
6"	40-099-28-7	0.8mm beading chain, antiqued copper plate
1 pkg	61-771-49-100	0.019" 49-strand Soft Flex® Trios stringing cable, Serenity (two lengths each: 10" green turquoise, 10" fluorite, 6" bone)
2	37-136-7	5mm round jump rings, antiqued copper plate
2	41-151-99-20-8	2mm center crimps with loop, copper plate
14"	40-099-44-7	4.5mm double curb chain, antiqued copper plate (two 7" pieces)
1	39-418-7	7x12mm magnetic clasp, antiqued copper plate

Tools and supplies: cutters, crimping pliers, chain-nose pliers, adhesive such as Super New Glue (#60-270)

TIPS:

Om necklace

- Use a link of the cable chain as a jump ring to attach the charm to the necklace.
- Evenly space groups of 4mm beads and add a crimp to each side of the groupings. Cover with crimp covers.
- Optional: Use super glue on the crimps to make sure they hold well.

Ocean Twist Necklace

- The center section is basic macramé square knot technique. Strand 1 is one 10" length of fluorite Softflex and one 10" length of green turquoise Softflex; strand 2 is the beading chain; strand 3 is two 6" pieces of bone Softflex; strand 4 is one 10" length of fluorite Softflex and one 10" length of green turquoise Softflex. Add the beads as pictured. The strand will naturally start to twist.
- Max Lunger's book, *Hemp Masters: Ancient Hippie Secrets for Knotting Hip Hemp Jewelry* (#62-250) offers more information on macramé techniques.
- Use super glue on the crimps to make sure they hold well.

See the following technique sheets:

- [Basic Jewelry Making Techniques](#)
- [Techniques for Stringing with Beading Cable](#)