

"Blue Moonday" Watch

As seen in the 2007 Summer Supplement



Created by: Nicole Ulrich and
Mary Morton



| <u>Qty.</u> | <u>Stock</u> | <u>Name</u> |
|-------------|---------------|---|
| 1 | #58-082-441-3 | Square watch head |
| 1 vial | #20-228-028 | 11/0 Toho® seed beads, black diamond SL |
| 1 vial | #20-228-23 | 11/0 Toho seed beads, aquamarine SL |
| 1 spool | #61-159 | Size "O" Nymo® beading thread, black |
| 1 | #65-000-12 | Size 12 beading needle |
| 8 | #49-947-44-1 | 13mm hammered cast rings, white |
| 4 | #49-947-42-1 | 9mm hammered cast rings, white |
| 1 | #39-168-1 | Diamond toggle clasp, white |
| 1 | #37-113-3 | 4mm jump ring, silver plated |
| 2 | #44-420-3 | Hammered oval links, silver plated |

Tools needed: Scissors, beeswax or Thread Heaven®, flush cutters

To make the beaded links:

1. Cut 1 yard of Nymo® and thread the needle.

TIP: Pre-stretching and conditioning your thread with beeswax or Thread Heaven® helps reduce fraying and knotting.

2. Attach one bead to the end of the thread; this bead is often called a "stop bead." Leave approximately 6" of tail.

3. Start **Row 1:** pick up one black bead, three aquamarine beads, and another black diamond bead. Slide beads toward the stop bead.

Row 2: Pick up one black diamond bead and sew through the last aquamarine bead. (The black diamond bead just added should now sit directly above the last black diamond bead added). Pick up an aquamarine bead and sew through the third aquamarine bead and the last black diamond bead. (The aquamarine bead just added should sit above the middle aquamarine bead). Pick up a black diamond bead; sew back through the 2nd to last aquamarine bead, continue sewing through the middle aquamarine bead, up through the aquamarine bead above it, and back through the last aquamarine and black diamond beads.

NOTE: This is the most difficult step. Keep your thread pulled tight so each bead lies in the correct space.

Row 3: Sew through the last black diamond bead added; pick up one aquamarine bead and sew through the middle aquamarine bead in row 2. Pick up another aquamarine bead and sew through the end black diamond bead.

Row 4: Pick up one black bead and sew through the next aquamarine bead in row 3. Pick up another aquamarine bead and sew through the second to last aquamarine bead. Pick up a black diamond bead and sew through the end threads of the previous row, then back into the black diamond bead just added, setting up the thread for the next row.

4. Continue adding rows as described above until there are 18 black diamond beads on each side, and the thread exits the opposite side as the tail thread. Loop the peyote band through the oval link, match up the ends and sew ends together (through the edge bead of one side and then the next bead of the opposite side). Work the ends through, make two or three knots and cut off the ends.

5. Repeat steps 1-4 for the second beaded links.

To complete the watch band:

6. Remove the triangle bails that came with the watch face. Using flush cutters, cut open a hammered oval link and insert into the watch head loop. Add your beaded link to these cut ovals.

7. Cut one 13mm ring and connect it to the beaded link. Cut and add a 9mm ring to this link.

8. Add three more 13mm rings, followed by a 9mm ring. Measure for fit. Add or remove rings as needed.

9. Once happy with the fit, add a 4mm jump ring and the toggle bar to your last link.

10. Repeat these steps for the other half of your watch. Add the toggle ring to your last 9mm ring.